

A white circular logo with the text "EdibleRoom" inside. The "E" is green and the "dibleRoom" is black.

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Edibleroom presents

THE MODERN PLANT CARE HANDBOOK

Essential Plant Care Know How For Modern Indoor
Gardeners

Indoor Plant Care VS Outdoor Plant Care

Indoor plants face a completely different problem from outdoor plants.

Although they live in a sheltered environment, protected from pests and natural weather, they face different obstacles to their growth.

This handbook aims to enrich readers about common plant problems and their respective plant care strategies.



Common Plant Care Problems





Insufficient Light

Leggy plants are plants with thin weak stems. The stems reach in the direction of light.

Once plants becomes overly leggy, it cannot be undone. Spot for initial signs and resolve them quickly to avoid trouble.

Spot for initial signs of insufficient light once you observe plants crawling in the direction of sunlight. Move them closer towards the windows, or get a plant lamp for them.



Underwatering leads to a phenomenon called drought. Plant leaves turn crisp and dry and the plant becomes limp and starts wilting.

Extended drought leads to plant death. However, when providing water to plants fresh from drought, they are usually able to recover within a few hours.

Check the soil's moisture regularly and use a watering schedule if you are prone to forget watering.



Underwatering

Want to grow edible plants indoors but don't know where to begin?

Claim a **FREE** self-paced micro-course which is designed to help you get started quickly, without the hassle of filtering through various internet advice, tutorials or garden hacks.

- Tell us about your plants and objective, and we will curate a short course **personalised for you**, comprising of:
 - Quick start on soil, seeds and seedlings
 - What edible plants are best for your first garden setup
 - Your first garden set-up and planting schedule
- And more!



Scan the QR above or visit the link below to find out more:

<https://edibleroom.com/services/>



Modern plant parents sometimes forget plants, like humans, needs a balanced nutrition in their diet.

An uniform change in leave colour, turning from bright green to pale yellow, is a possible tell-tale sign your plants needs feeding.

Edible plants (leafy greens and herbs) are plant food demanding. Integrate regular fertilising into their schedules.

Use water soluble plant food if you want to quickly rectify yellowing on your leaves.

Underfertilising





Indoor Plant Care Strategies





Establish a watering schedule. Forgetting to water plants often lead to eventual death of your plants.

Refresh your compacted soil by adding new soil amendments and loosening your soil. Compact soil makes it difficult for roots to develop, causing your plant to not develop new leaves.

Establish a weekly plant inspection at the minimum. Check for signs of any anomalies: such as bite marks, flying insects or dry soil. Lots of plant problems can be easily rectified early on.



Plant Care Routine

A plant journal can be helpful to take note of the changes you've made or the things you tried with your plants.

Allow time for your plant after adding water or plant food. Usually, they can take hours to days to recover their former lustre.

And most importantly, don't give up! Anyone taking care of plants have had plants die on them, even with the most favourable conditions. Sow new seeds or propagate new plants when that happens.



Plant Care Habits

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Modern Plant Care Built For You